



WELCOME TO

“CONNECT WITH YOUR BEST BULLDOG SELF”

Presented by
SIERRA TOASTMASTERS
Craig School of Business
Fridays at 6:30pm (Classroom PB194)
www.sierratoastmasters.org



“CONNECT WITH YOUR BEST BULLDOG SELF” BECOME THE SPEAKER AND LEADER YOU WANT TO BE

AGENDA FOR TODAY:

- TOASTMASTER _____ OPENS MEETING (10 -15min)
- TOPICS MASTER _____ & TIMER _____
CONDUCT TABLE TOPICS WITH AUDIENCE (10-15min)
- SPEAKER _____: _____ (5-7min)
- EVALUATION OF SPEECH BY _____ (2-3min)
- CLOSING BY _____ & _____
AND QUESTION/ANSWER PERIOD (10-20)



TOASTMASTERS' MISSIONS

TOASTMASTERS INTERNATIONAL MISSION

**WE EMPOWER INDIVIDUALS TO BECOME MORE EFFECTIVE
COMMUNICATORS AND LEADERS**

INDIVIDUAL CLUB MISSION

- **PROVIDE A SUPPORTIVE AND POSITIVE LEARNING EXPERIENCE**
 - **EMPOWER COMMUNICATION AND LEADERSHIP SKILLS**
- **PROMOTE GREATER SELF-CONFIDENCE AND PERSONAL GROWTH**

INTERNATIONAL VALUES

INTEGRITY, RESPECT, SERVICE, AND EXCELLENCE



FACTS AND FIGURES

- **TOASTMASTERS INT., ESTABLISHED IN 1924, PRESENTLY OFFERS 15,900 CLUBS AND 345,000 MEMBERS IN 142 COUNTRIES**
- **SIERRA TOASTMASTERS, ESTABLISHED IN 1939, OFFERS OLDEST VALLEY CLUB EXPERIENCE AND QUALITY MENTORSHIP**



CONFIDENCE: THE VOICE OF LEADERSHIP

LEADERSHIP ROLES ASSUMED IN EACH MEETING:

**SERGEANT AT ARMS
TOASTMASTER
TOPICS MASTER
TIMER
GENERAL EVALUATOR
SPEECH EVALUATOR
GRAMMARIAN/AH COUNTER**

SIX MONTH-YEAR LONG OFFICER POSITIONS:

**PRESIDENT; VPS OF EDUCATION, PUBLIC RELATIONS,
AND MEMBERSHIP; TREASURER; SECRETARY; AND
SGT. AT ARMS**



JOIN NATIONWIDE CAMPUSES IN DEVELOPING OUR FUTURE LEADERS

**E.G., CALTECH, UC BERKELEY, UC SAN FRANCISCO, NORTH CAROLINA
STATE, PURDUE, HARVARD, MIT, AND MIIS CAMPUS TOASTMASTERS
ARE JUST A FEW**

AND NOW

**FRESNO STATE'S CRAIG SCHOOL OF BUSINESS AND SIERRA
TOASTMASTERS HAVE FORMED A PARTNERSHIP NAMING
SIERRA AS FRESNO STATE'S OFFICIAL ON-CAMPUS TOASTMASTERS CLUB**

JOIN US FRIDAY EVENINGS, 6:30-8:30P.M. IN THE ALICE PETERS

Classroom PB194



“The idea of getting in front of a group, not as Mrs. Fields but as Debbi, made my knees shake. But the Toastmasters group understood. Here’s a place where you can learn, grow, develop — and where other people are doing and feeling the same thing.”

– Debbi Fields Rose
Founder, Mrs. Field’s Cookies



WELL-KNOWN TOASTMASTERS ALUMNI

- ▶ **Chris Matthews**, Author and journalist, host of MSNBC's *Hardball with Chris Matthews*
- ▶ **Tim Allen**, Actor, star of television series *Home Improvement*
- ▶ **Tom Peters**, Management expert and author
- ▶ **K.C. Jones**, Former NBA basketball coach for Boston Celtics
- ▶ **Linda Lingle**, Former governor of Hawaii
- ▶ **James Lovell**, Former NASA astronaut; missions include Apollo 13
- ▶ **Debbi Fields Rose**, Founder, Mrs. Fields Cookies
- ▶ **Leonard Nimoy**, Actor, Spock from T.V. series *Star Trek*



CURRENT INTERNATIONAL TOASTMASTERS ALUMNI

Erin Gruwell, renowned educator who is bringing Freedom Writers' Message to Stage and travels the world with Freedom Writers graduates lecturing.

Ayn Dietrich-Williams, current spokesperson for the FBI, utilizes Table Topics training when facing unexpected questions.

Albert Frantz, gifted international concert pianist, knew how to play the piano, but needed TM to help him connect with his audiences. Served as President of Vienna TM Club.



CURRENT INTERNATIONAL TOASTMASTERS ALUMNI CONTINUED

John Stumpf, President and CEO of Wells Fargo, says TM was the vehicle that saved his career as public speaking was right up there with his fear of heights and death.

David Reichelt, creator of Color Switch mobile game app & entrepreneur, says he honed his speaking skills in TM for his radio, TV and live stream interviews.

Dr. Steven Stack, President of AMA, says TM provided him the necessary confidence to lead and speak.

Geoff Regan, Canadian Speaker of the House, overcame a speech impediment to thrive in politics.